



SHOOT

CRW preps for challenges at Green Flag

PAGES 12-13



Dare to fail: Calculated risks yield success

I don't recall my specific age, but I remember being out of college and getting ready to leave for Officer Training School when my father handed me a small package.



Commentary by Maj. Chad Bridgeford
60TH AIR MOBILITY WING DEPUTY INSPECTOR GENERAL

OTS, I thought it was odd he would talk to me about failure at this juncture in my life. Everything I had worked for was coming together – my two-year stint as an engineer after college had gone well, my wife was about to finish graduate school and I was leaving to embark on a journey to fulfill my dream of being a pilot in the Air Force. I was confident and hopeful in the future because of my past successes.

Commander's Commentary

learned from my nearly 12 years in the Air Force, it is that setbacks will always come. Whether it is not being selected for a special project or program, serving at a base that was your last choice or being passed over for a job or promotion, setbacks will disappoint us in life. We may perceive these setbacks and disappointments as failures. Sometimes they are in our control, but many times they are not. Life has a habit of handing out just enough chaos to thwart

our well-laid plans, but the most important thing we can do is pick ourselves up and try again.

After all, like the poem my father gave me says, "You fell down the first time you tried to walk." The goal of life should not be oriented around avoidance of failure. It should be characterized by the chances we take in pursuit of our goals and our ability to learn and adapt from failure to make us more resilient, adaptive and focused. Failures should be the point of departure for future greatness, not the end credits of our story.

Whenever I'm feeling discouraged, challenged or

strained, I look at the frame on my desk and remember, "Heavy hitters, the ones who hit the most home runs, also strike out a lot. ... Babe Ruth struck out 1,330 times, but he also hit 714 home runs."

After reflecting on these words for the past decade, I've realized failure is an affirmation that you are pushing the limits of your abilities. Someone will always be bigger, stronger, faster, or better, but it is the choices we make, the calculated risks we take and how we face our failures that matters most. Do we sit and lament about situations that are

See BRIDGEFORD Page 16

Sergeant finds relief after sleep apnea diagnosis

I'm 36 years old, an Airman, a noncommissioned officer, an aviator, a husband and the father of a little girl.

I also have obstructive sleep apnea.

Before my OSA was treated, it was a dangerous and merciless creature that endangered all other aspects of who I am.

For those of you who don't know, OSA is a medical condition where a person's airway muscles relax during sleep, causing them to collapse until the person is woken by the lack of oxygen, preventing them from getting restorative sleep. Instead of sleeping all night,



Commentary by Tech. Sgt. Ryan Padgett
22ND AIRLIFT SQUADRON

a person takes a series of dozens, if not hundreds, of mini naps. Since being treated for it two years ago, I've been able to take back the things OSA was stealing from me.

For me, it all started with snoring. Today, I can proudly say I've tamed the beast and my OSA is more of a companion. It stays happily in its cage, and other than occasional bad days, it keeps to itself and is no longer ruining my life. I hope after sharing my story, people who may be affected by OSA, seek help for their conditions. I also hope they are able to reclaim the joys in their lives

Enlisted Commentary

that OSA may be keeping from them.

I'm so blessed to have such a caring wife. She overlooks a lot of my faults, but if something worries her, she'll let me know. For years she lovingly chided me about how I always complained about being tired (Symptom No.1: Experiencing constant fatigue no matter how much rest a person gets). She mentioned that I snored a lot (Symptom No.2). Honestly, prior to overcoming my OSA, several years had passed since I woke up feeling well rested. I was only able to sleep for about five hours a night and when I awoke, I was tired, unable to get back

to sleep and I would often drag my way through the work day.

I felt like I had a fog in my head and found it close to impossible to concentrate and remember things. At the end of the day, I would go to bed exhausted and start the process all over again. My doctor also warned me that my blood pressure was getting high enough to be concerning (Symptom No.3: High blood pressure).

Sleep apnea had a tremendous impact on my life. Along with struggling to get adequate rest and make it through the work day, I dropped out of my four-year degree program after failing a class

See PADGETT Page 17

60th, 349th MXG earns awards from AMC

Airman 1st Class Jonathon Carnell

60TH AIR MOBILITY WING PUBLIC AFFAIRS

"The 60th and 349th Maintenance Groups at Travis Air Force Base, California, are firing on all cylinders," said Col. David Hammerschmidt, 60th MXG commander.

The two groups were recently awarded five Air Mobility Command awards.

The 60th and 349th MXGs generated mission readiness by having total-force Airmen and aircraft to deliver airlift power. With the group's overall high volume of mission success, they were awarded the Clements McMullen Daedalian Large Unit Weapon System Maintenance trophy.

The award recognizes the unit that has best met the objective of providing safe, serviceable and available equipment for sustained use in peacetime and wartime. A Daedalian trophy and award is presented annually to a United States Air Force unit determined to have the best weapon system maintenance record for the preceding calendar year. First awarded in 1960, this trophy is presented each year during the Daedalian National Convention

"No one Airman loads or launches aircraft alone; it takes a team," said Hammerschmidt. "We measure our aircraft maintenance and aerial port workload together with our Ops brothers and sisters in terms of 'thousands' of passengers,



U.S. Air Force photo/Airman 1st Class Jonathon Carnell

Lt. Col. Gary Charland Jr., center, 60th Aircraft Maintenance commander, poses with senior noncommissioned officers from the 60th AMXS Feb. 6 in front of a C-5M Super Galaxy at Travis Air Force Base, Calif. Charland was awarded the Lt. Gen. Leo Marquez field grade manager category award for aircraft maintenance.

'hundreds of thousands' of short tons and 'millions' of gallons of fuel. No one person can do that alone. We are and always will be focused on building teams to keep our mission moving."

The Groups generated 4,000

KC-10 Extender missions, which was more than 24,000 flight hours and refueled 11,000 aircraft. The C-5M Super Galaxy and C-17 Globemaster III together transported approximately 75 million pounds of cargo.

"When my unit was announced to receive an AMC award, I was honored," said Airman 1st Class Aimee Moore, 60th MXG C-5M journeyman. "I knew we were capable of great things, but this shows how hard work and determination

pays off. It feels good to be recognized."

Moore was part of the overall C-5M mission where she helped with the 45 million pounds of cargo the aircraft flew and the

See AWARDS Page 18

Tailwind

Travis AFB, Calif. | 60th Air Mobility Wing

Air Force

- Col. Jeff Nelson
60th Air Mobility Wing commander
- 2nd Lt. Rachel Brinegar
Officer in charge of command information
- Tech. Sgt. Traci Keller
NCO in charge of command information
- Tech. Sgt. James Hodgman
Command information staff writer
- Airman 1st Class Cameron Orte
Command information staff writer

Daily Republic

- Nick DeCicco
Tailwind editor
- Todd R. Hansen
Copy editor

The Tailwind is published by the Daily Republic, Fairfield, California, a private firm in no way connected with the U.S. Air Force.

While most of the editorial content of the Tailwind is prepared by the 60th Air Mobility Wing Public Affairs office for its Web-based product, the content for the Tailwind is edited and prepared for print by the Daily Republic staff.

Content of the Tailwind is not necessarily the official view of, nor is it endorsed by the U.S. Government, the Department of Defense or the Department of the Air Force.

The appearance of advertising in the publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, the Department of the Air Force or the Daily Republic, of the products or services advertised.

Everything advertised in the publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital sta-

tus, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron.

Correspondence can be sent to the 60th Air Mobility Wing Public Affairs staff, Tailwind, 400 Brennan Circle, Bldg. 51, Travis AFB, CA 94535-2150 or emailed to 60amwpa@us.af.mil.

Deadline for copy is 4:30 p.m. Friday for the following Friday's issue. Swap ads must be brought to Bldg. 51 by noon Monday for possible print in that Friday's issue. Emailed or faxed Swap Ads are not accepted.

Those on base wishing to receive home delivery of the Tailwind can call 427-6975 today.

For information on paid advertising and on base circulation, call 425-4646. Correspondence can be sent to: Daily Republic, 1250 Texas St., Fairfield, CA 94533 or faxed to 425-5924.

Visit the Travis public web site at <http://www.travis.af.mil>. Read the Tailwind online at <http://tailwind.dailyrepublic.net> or by accessing the Travis SharePoint.

Table of contents

Commentaries	2
Worship services	8-9
The Flip Side	11/14
Cover story	12-13
Classifieds	20-21
Parting Shots	23

On the cover

Staff Sgt. Keith Keiffer, 921st Contingency Response Squadron security forces, fires the M240B machine gun in response to a simulated gunfire attack during Green Flag Little Rock exercise Feb. 14 at Fort Polk, La.

U.S. Air Force photo/Tech. Sgt. Liliana Moreno



U.S. Air Force photo

WARRIOR OF THE WEEK

Name: Senior Airman Tay Davis.	Hometown: Baltimore, Maryland.	Family: None.
Unit: 60th Civil Engineer Squadron.	Time in service: Four years.	What are your goals? To become an Air Force recruiter.
Duty title: Structural journeyman.	What are your hobbies? Working out, shopping and traveling.	What is your greatest achievement? Making staff sergeant first try.

Leaders direct housing review

Charlie Pope

SECRETARY OF THE AIR FORCE
PUBLIC AFFAIRS

ARLINGTON, Va. — Responding to reports of poorly maintained and unsafe housing across several installations, Air Force Secretary Heather Wilson and Chief of Staff Gen. David L. Goldfein on Feb. 19 directed commanders at every base worldwide to conduct a “100 percent review” of the condition and safety of all military housing by March 1.

Asserting that the housing conditions reported Feb. 13 during a Senate Armed Services Committee and in media reports “are not acceptable,” the Air Force’s two leading officials took steps to ensure that senior military commanders are personally aware of the conditions that exist in military housing at their bases.

The effort, which begins immediately, will be the housing equivalent of a safety stand down. The goal over the next 10 days is to conduct a 100 percent in-person health and safety check of all 74,500 family housing units in the Air Force.

The results will give senior civilian and military leaders a more thorough understanding of the extent and severity of the problems and help inform responsive solutions.

In addition to walk-throughs with residents that “will document any health or safety risks,” the directive requires command teams to “solicit feedback from their Airmen about any health or safety issues in the housing they occupy.”

While witnesses at the Feb. 13 hearing told senators of appalling conditions that went

See **HOUSING** Page 10



U.S. Air Force Airmen from the 60th Operations Support Squadron pose Feb. 9 on Alcatraz Island in California's San Francisco Bay. Airmen participated in a volunteer cleanup to help the local community.

Airman leads clean up at Alcatraz

**Airman 1st Class
Cameron Otte**

60TH AIR MOBILITY WING PUBLIC AFFAIRS

Airman 1st Class Kelsie Edwards, 60th Operations Support Squadron airfield management apprentice and a California native, has been at Travis Air Force Base for four months and has already proven to her leadership she can handle additional responsibilities without hindering her primary duties.

Edwards recently led a team of Airmen in a volunteer event to help clean up the gardens on Alcatraz Island in San Francisco. She used to work on Alcatraz Island as a history interpreter. She was responsible for knowing background information of the island and running the night tours.

“The gardening volunteer program at the Golden Gate National Parks Conservancy, the group we’re

volunteering with, gave me 20 spots to fill with some wiggle room to go up to 25 people,” said Edwards.

Edwards grouped a team of 23 Airmen and pulled overgrown weeds that were flooding the gardens Feb. 9. This volunteer cleanup is just one example of Edwards’ enthusiasm to encourage others to step out of their usual routine and do something that can be fun and benefit the community.

“It’s really impressive to me that even after she works consecutive 12-hour shifts, she still wants to go out with her peers and do this volunteer event on her day off,” said Staff Sgt. Cassandra Supernault, 60th Operations Support Squadron NCO in charge of management operations. “It goes to show she is really motivated in team-building and has accomplished that over the short time she has been here.”

Edwards’ leadership support her in taking on these extra duties because she has shown she can handle them.

Edwards is currently in upgrade training, which takes up a lot of her time, said Edwards. She is also on the 60th OSS Gatekeeper’s Booster Club council, and a member of Soroptimist International of Vacaville Twilight club, a volunteer organization that helps improve the lives of women in Solano County. She still tries to get out to Alcatraz and volunteer as much as she can. Her leadership at Airfield Management has supported her from the moment she arrived at Travis and they continuously coach her on how to stay on the right path to success.

Edwards may be busy professionally and personally, but she still finds time to motivate other Airmen to get involved with their

local community.

“I subscribe to the ‘treat the janitor the same way you treat the CEO’ way of life,” said Edwards. “I think that if I strive every day to be courteous, courageous and compassionate to anyone I meet, then I’m doing a good job and I can inspire others to live the same way.”

Even though Edwards is only a few months into her operational Air Force career, she has managed to impress her leadership in the short time she has been in.

“Since she has gotten here, she has been on the ball, she sees how we do things and finds better ways to do them,” said Supernault. “Her training has been very organized and she’s really good at communicating issues professionally. She’s shown us she is capable of a lot and I’m sure she’s going to do more stuff like this because she’s killed it so far.”



U.S. Air Force photo/Airman 1st Class Christian Conrad

Col. Jeffrey Nelson, left, 60th Air Mobility Wing commander, and Airman 1st Class Keith Wiley, 60th Force Support Squadron food service apprentice, cut a cake made in celebration of Travis Air Force Base’s reopening of its dining facility. Throughout the reconstruction and renovation of the dining facility, the 60th FSS served Airmen from a side room in the Delta Breeze Club.

Travis reopens dining facility

Airman Cassandra Clayton
60TH FORCE SUPPORT SQUADRON

The dining facility at Travis Air Force Base reopened Feb. 19 at its original location at 600 Burgan Blvd., complete with a new name and renovations.

Col. Jeffrey Nelson, 60th Air Mobility Wing commander, made the decision that the dining facility, formerly known as the Sierra Inn, was in need of a name change. After many name suggestions from the squadron, Master Sgt. Anna Scheerer, 60th Force Support Squadron military personnel flight superintendent, suggested “The Monarch,” named for the Golden Bear that adorns both California’s state flag and seal.

Throughout 2018, the dining facility’s main location was temporarily closed due to plumbing reconstruction, diverting Travis’ primary food services to a side room in the base’s Delta Breeze Club. Aramark, Travis’ food contracting service, partnered with the 60th Force Support Squadron to give them room in their kitchen to prepare food during

the reconstruction.

Chef Maynard Oestreich, Aramark executive chef, worked vigorously during that time training and preparing Airmen for an advanced style of cooking.

“The key to the whole change-over and making it smooth is all the work I’ve been able to do with the Airmen over the last year to develop their skill sets and make them more efficient as quickly as possible,” said Oestreich.

Oestreich is no novice in respect to opening a new facility. Along with other executive chefs, he has successfully opened new dining facilities at five other bases. Aside from Oestreich, other executive chefs from all over the country made a visit to Travis the weeks ahead of the Monarch’s reopening to train Airmen for the opening of the new dining facility.

The Monarch’s updated kitchen now has many stations to choose from including four restaurant-style food lines that are new to Travis Airmen. The Ciao Pizzeria, The

See **DINING** Page 16

You Served. You Save.

CAL ROOFING SYSTEMS



Vacaville, CA 95688
(707) 447-3132
Lic. #560708

www.calroofingsystems.com

DIXON LANDSCAPE MATERIALS



150 E. H St.
Dixon, CA 95620
(707) 678-8200

www.dixonlandscapematerials.com

NORTH BAY TRUCK CENTER



1245 Illinois St
Fairfield, Ca
94533
(707) 427-1386

www.northbaytruckcenter.com

MITCHELL'S

HAULING, CLEANING, ORGANIZING,
PACKING, & HOUSE CLEANING



Suisun City,
CA 94585
(707) 386-1312
Lic. #22444
Insured

SELF STORAGE OF VACAVILLE



Military Discounts
Climate Controlled
201 Leisure Town Road
Vacaville, CA
707-368-4933

SelfStorageOfVacaville.com

USS HORNET MUSEUM



707 W. Hornet Ave.
Pier 3, Alameda Point
Alameda, CA 94501
(510) 521-8448

www.uss-hornet.org

Spring Medical Clinic Vacaville



1671 E. Monte Vista
Suite #213
Vacaville
(707) 999-4602

www.healthweightlossvacaville.com



OUTSPOKIN
BICYCLES

BICYCLES | PARTS | SERVICE

1100 Parker Road | Fairfield, Ca 94703
OutspokinSparks.com

Save with Military Discounts from these fine businesses!

TRAVIS FITNESS CENTER is open 6 a.m. to 8 p.m.
Monday through Friday and 8 a.m. to 6 p.m. Saturday and Sunday.



NAPA VALLEY PLASTIC SURGERY

Concern, Compassion & Exceptional Talent

Napa Valley Plastic Surgery has been providing exceptional board-certified plastic and reconstructive surgery to Northern California patients since 1984.



William J.
McClure, M.D.



Rebecca L.
Jackson, M.D.

Call today for your consultation

1175 Trancas Street, Napa • (707) 258-6053
181 Andrieux Street #204, Sonoma • (707) 996-2071
412 Elizabeth Street, Vacaville • (707) 449-0322

Visit us at www.nvpsa.com



ABMS Maintenance of Certification™
American Board of Plastic Surgery
Certification Matters



AMERICAN SOCIETY OF
PLASTIC SURGEONS

Financial ops workshop spotlights innovation

Ed Shannon

AIR FORCE INSTALLATION AND MISSION
SUPPORT CENTER PUBLIC AFFAIRS

Tech Sgt. Samuel Spaethe used to spend hours upon hours completing work as a financial services technician, often working weeknights until 7 p.m. and then on Saturdays just to get the job done.

But he knew that effort was not sustainable. So he did something innovative about it.

Spaethe developed an Excel macro tool that pulls four reports and two rosters from the Defense Travel System, compares the information, and determines what needs to be done on a member's pay record. The macro saves technicians hours in research time.

"I have a passion for the tool, and my end goal is for everybody to go home on time," he said, "Hopefully, this tool will motivate Airmen."

Now the Quality Assurance manager at Hurlburt Field, Fla., Spaethe shared the macro along with tips for success with nearly 300 Air Force financial service technicians and operators during a workshop in San Antonio, Feb. 11-15.

"The workshop represented a very grass roots level effort to share best practices and produce more experts as technicians who literally serve as the 'face to the base,'" said Monica Anders, AFIMSC Resources director.

AFIMSC's Financial Operations Division focused the event specifically on training to assist installation financial customer service professionals with nailing down processes right the first time "so our technicians and customers do not suffer through hours of rework," said Linda Alcalá, AFIMSC Financial Operations chief. The workshop included training in 17 finance customer service topics from military pay to civilian pay, and PCS travel to evacuation vouchers.

Senior Airman Lucas Karnes, Financial Services manager at Joint Base Elmendorf-Richardson, Alaska, was

impressed with the workshop and Spaethe's presentation.

"The automation tool was amazing, and I am excited to take it back to my base and use it," he said.

Spaethe helped load the macro on many attendees' laptops and provided information for how to set it up once they returned to their installation.

Senior Airman Parveen Khan, Financial Operations technician at Joint Base Lewis-McChord, Wash., shared Karnes' praise for the macro and was particularly thankful for the networking opportunities provided at the workshop.

"This workshop revealed how some things can be made easier – reducing work time from hours to minutes," Khan said. "I loved how we could network with other finance Airmen and learn about processes and best practices we can implement across the board."

While providing training for Lead Defense Travel Administrators, Staff Sgt. Shyanne Perry, also inspired attendees to be strong leaders sharing her seven years of experience in the finance career field.

"My training encouraged leaders to hold the people under them accountable," said Perry, the NCOIC of Travel Pay at Travis Air Force Base, Calif.

Finance customer service leaders step in and provide the customer service instead of training technicians on the process, she said. What ends up happening is the technicians don't learn, and the leaders delay accomplishing work they need to complete.

"As leaders, we have a responsibility to hold our technicians to a high standard, and tell them how they can learn and grow within the job and career field," she said.

In addition to training, attendees received a sneak peek at two innovative tools that are expected to come on line later this year.

Air Force officials presented a demonstration on a new

See **WORKSHOP** Page 19



'til March 16



2019 Corvette

FREE Slot Tournaments

every Friday – Monday
12noon 'til 10pm

Feb 22 & March 8 – starts at 4pm

Championship Tournament **March 17**
Grand Prize **2019 Corvette**

CACHE CREEK
CASINO RESORT
cachecreek.com

Cache Creek Casino Resort is committed to responsible gaming. For help call 800-GAMBLER. Must be 21 to gamble.

DIRECTORY OF Local worship services

For advertising information about this directory, call Classifieds at 707-427-6973 or email: lvargas@dailyrepublic.net

ASSEMBLY OF GOD

First Assembly Of God of Fairfield

Lead Pastor: C. Eric Lura

- 9:15 AM SUNDAY SCHOOL
- 10:30 AM * MORNING WORSHIP
- KID'z CHURCH Grades K-5th
- 10:00 AM WEDNESDAY SENIOR PRAYER
- 7:00 PM WEDNESDAY NIGHT

Adult Bible Study
Girl's Club
Royal Rangers
Revolution Youth
*Nursery Care Provided

707-425-3612
2207 UNION AVE., FAIRFIELD
www.1agff.org
email: info@1agff.org

BAPTIST

Worship With Us... St. Paul Baptist Church

2500 N Texas Street, Suite H
Fairfield, CA 94533
Rev. Dr. Terry Long, Pastor

Sunday
Sunday School: 10:00 a.m.
Morning Worship Service: 11:00 a.m.
Children's Church: 11:30 a.m.

Tuesday
Prayer Meeting: 6:30-7:00 p.m.
Bible Study: 7:00-8:00 p.m.

Web Site: www.stpaulfairfield.com
Email: stpaulbcfairfield@comcast.net
Church Phone: 707-422-2003

BAPTIST

TRINITY baptist church

Southern Baptist Convention

401 W. Monte Vista Ave., Vacaville
707-448-5430
www.tbvacaville.com
Greg Davidson, Senior Pastor

Sunday:
Worship Service & Bible Study.....9:00 am
Worship Service & Bible Study..... 10:30 am
Evening Worship & Prayer..... 5:00 pm

Wednesday:
Dinner (Sept-May)..... 4:45 pm
AWANA (Sept-May)..... 6:00 pm
Youth..... 6:00 pm
Choir..... 6:30 am
Bible Study... 10:00 am, 1:30 pm, 3:30 pm & 6:30 pm
A home for Military families since 1960

MOUNT CALVARY BAPTIST CHURCH
Dr. Claybon Lea, Jr. - Senior Pastor

Fairfield Campus
1735 Enterprise Drive, Bldg. 3
Fairfield, CA 94533

Sunday Worship Services
7:00am & 9:30am.

Bible Study
Tuesdays @ 7:00pm (Youth Sanctuary)

Suisun Campus
601 Whispering Bay Lane,
Suisun City, CA 94585

Sunday Worship Services, 11:00am

Bible Study
Tuesdays @ 12:00noon

707-425-1849
www.mcbcfs.org for more information

BAPTIST

orchard baptist church

itsallaboutfamilies.org
301 N. Orchard Ave., Vacaville
707.448.5848

SUNDAY
Classes for all ages..... 10:00 am
Worship 11:00 am
CORE Bible Studies 12:30 & 5:00 pm
(2nd & 4th Sunday)

WEDNESDAY
Adult Studies.....2:00 pm
AWANA for Kids6:15 pm
Adult & Youth Studies.....6:30 pm

CHURCH OF CHRIST

CHURCH of CHRIST
Meets at Rockville Cemetery Stone Chapel

4221 Suisun Valley Rd, Fairfield
9:00 a.m. Sunday Morning Bible Study
9:50 a.m. Sunday Morning Worship
5:30 p.m. Sunday Evening Worship
7:00 p.m. Wednesday Evening Bible Study

We welcome and encourage you to come and hear the good news of the gospel of Christ, and to learn about eternal salvation for all mankind that is offered through Jesus.

"And there is salvation in no one else; for there is no other name under heaven that has been given among men by which we must be saved." Acts 4:12

Bring a heart and mind willing to hear God's Word and to do His great will...

For more information or directions, please visit our website at www.rockvillecofc.com

YOU are the one that God loves the most. Come worship with us so we can learn from **YOU**.

Jesus said, I am the resurrection, and the life: he that believeth in me, though he were dead, yet shall he live; John 11:25

Sunday Morning Bible Study 9 AM
Sunday Morning Worship 10 AM
Sunday Evening Worship 6 PM
Wed. Evening Bible Study 7 PM
Homeless ministry at Mission Solano
Rescue Mission 1st Friday of month 6-8 PM

CHURCH OF CHRIST - SOLANO
1201 Marshall Road, Vacaville, CA 95687
707-451-9301 • www.churchofchristisolano.com

EPISCOPAL

Grace Episcopal Church
1st & Kentucky Streets, Fairfield
(just off W. Texas St.)
425-4481

Sunday Services:
8:00 a.m.
Holy Eucharist Rite I
9:15 a.m.
Pastor's Forum
10:00 a.m.
Holy Eucharist Rite II

Tuesday Service:
10:00 a.m.
Healing Eucharist

Childcare Provided for all Services
For additional information, contact the office at 425-4481

Welcome home to an Open, Caring, Christian Community

LUTHERAN

BETHANY LUTHERAN MINISTRIES
621 South Orchard Ave.
Vacaville, CA 95687
(707) 451-6675
mychurch@gobethany.com

Worship Services:
Sunday: 10:00am with Bible Studies and Sunday School for all ages at 9:00am
Fellowship: 11:15am
Communion on the 1st and 3rd Sundays of the month @ 621 S. Orchard Ave., VV

Pastor Dann Etnner
Bethany Lutheran Preschool
451-6678
myschool@gobethany.com
www.gobethany.com

Bethany Lutheran School
1011 Ulatis Drive
Vacaville, CA 95687
451-6683 ph • 359-2230 Fax
myschool@gobethany.com
www.gobethany.com

TRINITY LUTHERAN CHURCH

Tired of gimmicks and games? Want a Bible-believing traditional church? Need a loving church family? You are invited to:

TRINITY LUTHERAN CHURCH - LCMS

Traditional Worship: 10 AM
Children's Church during 10 AM Service
Adult Bible Study: 8:45 AM
2075 Dover Ave., Fairfield
(2 blocks south of Airbase Pkwy.)
(707) 425-2944
www.tlcps.org
Rev. Dr. Dan Molyneux, Pastor

DIRECTORY OF Local worship services

For advertising information about this directory, call Classifieds at 707-427-6973 or email: lvargas@dailyrepublic.net

NON-DENOMINATIONAL

Church of Christ
1500 Alamo Drive
Vacaville, CA 95687
(707) 448-8838
www.vacavillechurchofchristalamodrive.com

Sunday Morning
Bible Classes9:30 am
Assembly Worship..... 10:45 am
Evening Assembly Worship .5:00 pm

Wednesday Evening
Bible Classes 7:00 pm

Classes also by appointment
Elders:
Mark McCallister (707) 446-7477
Ed Sanderson Sr. (707) 446-0536

Crossroads CHRISTIAN CHURCH
A Passion to...
Worship God • Love People • Share Christ
A Non-Denominational Bible Teaching Church

Sunday Worship Services
8:15am • 9:45am • 11:15am

We offer:

- Nursery
- Children's Classes
- Youth Ministries
- AWANA Program
- Men's & Women's Bible Studies
- Prime Timers (Seniors Ministry)
- In Home Mid-Week Bible Studies
- Celebrate Recovery

Bruce Gallaher, Lead Pastor
707-446-9838
www.cccv.me

190 Butcher Road, Vacaville, CA 95687
(off of Alamo, Just South of I-80)

NON-DENOMINATIONAL

FAITH Community Church
To God be the Glory

Bible Based Expository Preaching
Sunday Worship Services
9 AM, 10:45 AM & 6 PM

Pastor Jon Kile
192 Bella Vista Road, Vacaville
707-451-2026

Nursery & Children's Classes Provided
Adult & Youth Sunday School -
9 AM & 10:45 AM

Check our website for more information on other ministries offered
www.vacavillefaith.org

Word of Faith Christian Center
Pastors Melba & Lenon Nears Jr
650 Parker Road, Fairfield, CA 94535
(707) 437-2257
www.wofccfairfield.com

We are a culturally diverse ministry with a mandate to: Win the lost, Teach Disciples of Christ, Equip, Release and Mentor Men and Women for greater ministry.

SUNDAYS
Pre Service Prayer - 10:30AM
Praise & Worship
Ministry in the Word
Children's Ministry

THURSDAYS
Prayer - 6:00PM
Family time in the Word - 7:00PM
Kingdom Men - Men's Ministry
TNT - Women's Ministry
New Beginnings Youth Ministry
Children's Ministry

LIVE STREAMING
[@www.facebook.com/wofccfairfield](http://www.facebook.com/wofccfairfield)
FOR LIVE AUDIO CALL
(641) 715-3640
access code=673239#

NON-DENOMINATIONAL

VACAVILLE BIBLE CHURCH

"To know Him, and to make Him known"
490 Brown Street
Vacaville, CA 95688
707-446-8684

Sunday Services:
Sunday School 9:45am
Morning Worship 11am
Evening Worship 5pm

Thursday Service:
Prayer Meeting 7pm
Bible Studies throughout the week

Pastor Ben Smith
www.vacavillebiblechurch.com
office@vacavillebiblechurch.com

THE CHURCH OF JESUS CHRIST of LATTER DAY SAINTS

Fairfield Stake Center
2700 Camrose Ave.
Sacrament Services Sunday
0900 and 1200

Base Sacrament Services
DGMC Chapel
(1st Floor North entrance)
Sunday 1600-1630

Inquires: Call LDS Military Relations Missionaries
707-535-6979

NON-DENOMINATIONAL

Vacaville Church of Christ
401 Fir St., Vacaville, CA 95688
(707) 448-5085
Minister: Ryan Brewer

Sunday Morning Bible Study
9:30 AM

Sunday Morning Worship
10:30 AM

Sunday Evening Worship
6:00 PM

Wed. Evening Bible Study
7:00 PM
www.vacavillecofc.com

If you would like to take a free Bible correspondence course contact:
Know Your Bible Program
401 Fir Street • Vacaville, CA 95688
(707) 448-5085

THE FATHER'S HOUSE

The Father's House
4800 Horse Creek Drive
Vacaville, CA 95688
(707) 455-7790
www.tfh.org

Service Times
Saturday: 6pm
Sunday: 9am & 11am

UNITED METHODIST

"The People of The United Methodist Church™"
COMMUNITY UNITED METHODIST CHURCH

1875 Fairfield Avenue, Fairfield
Phone: 707-426-2944
Email: info@cumcfairfieldca.org
Website: cumcfairfieldca.org

Pastor Ron Swisher
Worship Service 10:30 A.M.
Sunday School for Children during the Worship Service

Communion is held the 1st Sunday of every month

Adult and Bell Choirs
Adult Bible and Book Studies
United Methodist Women
Sunday Morning Bible Studies at 9:00 A.M.

unity of the Valley Spiritual Center
Celebrating our oneness, honoring our diversity

350 N. Orchard Ave, Vacaville - 447-0521
unityvv@pacbell.net
www.unityvacaville.org

Sunday Morning
8:00 am Coffee with God
10:00 am Contemporary Celebration with Youth Education

Wednesday Evening
6:30 pm Non-Denominational Meditation Time
7:00 pm Contemplative Prayer

Come Home to Unity It's Like Blue Jeans for the Soul
Affiliated with publisher of Daily Word™



Turn to Travis

for quick closing and hometown service
from auto to home loans.

Keep Travis with you when you PCS.

Visit us online or in a branch for loan products that meet your busy lifestyle.

With our online applications it's easy to get what you need and our Online

Banking means you can take us wherever the military sends you.



traviscu.org (707) 449-4000 or (800) 877-8328

Federally Insured by NCUA. Everyone who lives, works, worships or attends school in our 12-county area is eligible to join. Certain membership eligibility requirements may apply. Equal Housing Opportunity. NMLS #643926.

Housing

From Page 4

unaddressed, Wilson and Goldfein also directly confronted comments about instances where the on-site management responsible for the housing ignored valid complaints.

"Most troubling was the concern some families had that, if they reported a problem, they would face retaliation for speaking up," Wilson and Goldfein wrote in their message to wing commanders.

"The health and safety of our Airmen and their families is commander business," Wilson and Goldfein bluntly wrote, adding that a "standard checklist" will be used to ensure consistency across the Air Force's sprawling operation and to provide a blueprint for addressing the problems.

"Our Airmen and their families should have military housing that will not adversely impact their health and safety," Wilson and Goldfein wrote. "More importantly, they should have confidence that they can identify problems without retaliation or fear of reprisal. This is about taking care of our people."

The directive also said suggested that senior Air Force leaders will be responsible for identifying and helping resolve a host of problems in housing where Airmen and their families live. As described during the Senate hearing, those problems include the presence of black mold, rodent infestation, flooding, radon and faulty wiring.

In addition to in-person reviews, Wilson directed the Air Force Inspector General to review how the Air Force responds to complaints about conditions at base housing. The Air Force is also conducting policy review to identify any directives that impede commanders from appropriately responding.

Visit Travis' **FACEBOOK** page for up-to-date information.
[facebook.com/TravisAirForceBase](https://www.facebook.com/TravisAirForceBase)

CRW delivers agile mobility expertise during exercise

1) Senior Airman Jacob Schmitt, 921st Contingency Response Squadron aircraft maintainer, marshals a C-130 Hercules aircraft during Green Flag Little Rock exercise Feb. 9 at the Joint Readiness Training Center, Fort Polk, La. Contingency Response Airmen conducted joint training with participating U.S. Army brigades, providing direct air-land support for safe and efficient airfield operations. 2) Contingency Response Forces assigned to the 821st Contingency Response Group out of Travis Air Force Base, Calif., secure the perimeter around the Geronimo Landing Zone during a mission in support of Green Flag Little Rock exercise Feb. 14 at Fort Polk, La. 3) Senior Airman Roberto De Los Santos, 921st CRS aerial porter, checks aircraft clearance while loading cargo inside a C-130 Hercules aircraft during Green Flag Little Rock exercise Feb. 9 at the Joint Readiness Training Center in Fort Polk, La. 4) Contingency Response Forces assigned to the 821st CRG at Travis Air Force Base, Calif., secure the perimeter around the Geronimo Landing Zone during a mission in support of Green Flag Little Rock exercise, Feb. 11, 2019, Fort Polk, La.



1



2



3

Story and photos by
Tech. Sgt. Liliana Moreno
621ST CONTINGENCY RESPONSE WING
PUBLIC AFFAIRS

The sound of gunfire echoed across the open field at the Geronimo Landing Zone as Airmen from the 621st Contingency Response Wing based out of Travis Air Force Base, California, responded to a simulated base attack during a Feb. 6-17 training mission in support of Green Flag Little Rock exercise.

The primary objective for all participants of the exercise was to support the Joint Readiness Training Center and provide the maximum number of airlift crews, mission planners and ground support elements to a simulated combat environment with emphasis on joint force integration.

To support the wing priorities, CR Airmen are testing a few capabilities in order to accomplish operations in contested, degraded, and operationally limiting environments.

"During the exercise, we tested having the smallest footprint possible and brought enough equipment to open a

second location as we transitioned from our initial airfield to a forward deployed location," said Capt. Jonathan Van Pinxteren, contingency response element commander. "There are a lot of moving parts involved and this trial run gave us good insight into the difficulty but plausibility of the agile basing concept. Additionally, getting the opportunity to do field training is necessary practice for us all, from setting up tents to directing cargo and airflow."

Lt. Col. Taylor Johnston, 921st Contingency Response Squadron commander, said agile basing is essential to CR operations within the full spectrum of operations from humanitarian aid to combat operations.

"Agile basing enhances our viability as it provides combatant commanders with the capability to open an air-base anytime, anywhere, without having to worry about significant logistical constraints," Johnston said. "We provide combatant commanders with near immediate basing solutions based on the ever-evolving scheme of maneuver. In humanitarian scenario, it ensures that the CR is capable of moving quickly to

emerging disasters, and in combat operations it allows us to be as close to the front lines of conflict as possible."

Once on the ground at the Geronimo Landing Zone, the CRT had to quickly establish security around the perimeter, built defensive fighting positions, and place concertina wire around the area, all while maintaining communication and airflow operations.

"This type of training allows CR Airmen to train together to develop a unified security centric mindset. As members of a CR group we have the potential to deploy as a small and lean force to austere environments with little to no support, and it may come down to only having ourselves to rely on," said Tech. Sgt. Elizabeth Berreles, 921st CRS security forces assistant flight chief. "The realistic training has allowed us to hone our skills as a team to better defend ourselves, our resources, and our base."

The CRT's strategic defense plan was put to the ultimate test on Feb. 14, when simulated enemy forces threatened to overrun the compound.

"During the attack, my team was off-shift and in a deep slumber when we

were suddenly awakened to the sound of multiple weapons firing. Without hesitation my team woke-up, kitted up, and tactically moved from their tents to predetermined defensive fighting positions," Berreles said. "The entire team, to include non-security forces members, quickly jumped into action and engaged the threat. As a leader, I was pumped to see members from various job specialties work together to defend the base. We have drastically improved our defense capabilities on a daily basis while out here, and I am extremely proud of everyone."

While JRTC provides tactical-level training, the joint training received during the exercise was also invaluable to participants.

"Working with our allies is always a great idea, as we would be together in any global operation," Van Pinxteren said. "Having the Royal Canadian Air Force here gives us the opportunities to see each other at work and learn from each other."

Johnston agreed, and said the ability to operate in a joint environment is more crucial today than ever in the past.

"JRTC exercises allow us to work hand in hand with deploying army units and integrate our tactics, techniques and procedures with them," he said. "Each side is learning from each other and fostering relationships between services. This learning and relationship building provides greater synchronicity during operations in everything from humanitarian aid to combat ops."

Col. Ryan Marshall, 621st CRW commander, emphasized how it is essential the CRW is ready to deliver at the speed of war because the defense of our nation rests on each team's ability to integrate while trying to meet and maintain the pace of the future.

"In order to remain relevant warfighters, we must look at ways to ensure continuous capability in the face of adversaries employing technological advances to create contested and reduced or denied access environments across all operating domains," he added. "CRW Airmen will overcome this friction by employing agility and innovation, while providing cornerstones to create difficult dilemmas for our adversaries."



4

Swap Ads

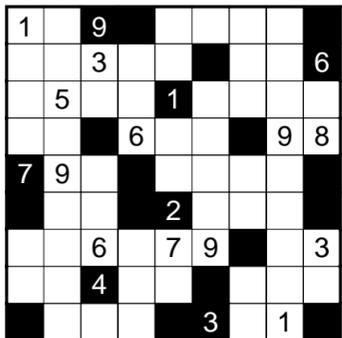
For rent

3/2 home, very clean, 3 mins. to Travis. Living room, dining room, family room, fire place, dish-washer, microwave, custom draperies. Top-of-the-line carpet. 3 patios. A/C. No pets, no Sec. 8. \$2,000 plus deposit. 707-425-5679.

Puzzles

STR8TS

No. 426 Medium



Previous solution - Easy

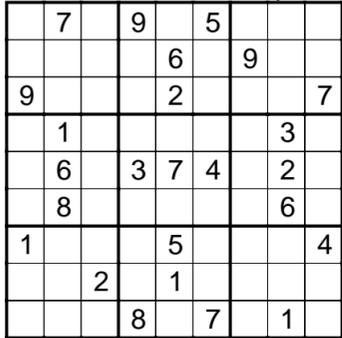


How to beat STR8TS – Like Sudoku, no single number can repeat in any row or column. But... rows and columns are divided by black squares into **compartments**. These need to be filled in with numbers that complete a 'straight'. A **straight** is a set of numbers with no gaps but can be in any order, eg [4,2,3,5]. Clues in black cells remove that number as an option in that row and column, and are not part of any straight. Glance at the solution to see how 'straights' are formed.

You can find more help, tips and hints at www.str8ts.com

SUDOKU

No. 426 Very Hard



Previous solution - Tough



To complete Sudoku, fill the board by entering numbers 1 to 9 such that each row, column and 3x3 box contains every number uniquely.

For many strategies, hints and tips, visit www.sudokuwiki.org

If you like STR8TS, Sudoku and other puzzles, check out our books, iPhone/iPad Apps and much more on our store at www.str8ts.com

The solutions will be published here in the next issue.

Retiree Corner

'Fused' tech gives view of prostate during biopsy

FORT GORDON, Ga. — A high-tech procedure that makes prostate biopsy more accurate and thorough is being rolled out at Eisenhower Army Medical Center.

The procedure merges ultrasound with MRI images to give urologists a real-time,

three-dimensional view of the prostate. Because the MRI images are analyzed by a radiologist prior to the biopsy, the urologist has a targeted approach to collecting tissue samples.

Other than skin cancer, prostate cancer is the most common cancer in American men, according to the American Cancer Society.

— Health.mil

Chapel programs

News notes

Position available. The Travis AFB Protestant parish coordinator position requires highly motivated applicants with experience coordinating workflow, advertising and programing in large organizations. Contact the Twin Peaks Chapel at 424-3217 for bid documents, including a copy of the Statement of Work. Bids are due to the Twin Peaks Chapel office by noon Feb. 19. For more information, contact Capt. Kevin Hostettler at 707-424-4633.

Recurring events

Catholic

Twin Peaks Chapel

- Roman Catholic Mass: 9 a.m. and noon Sunday.
- Children's Church: 10:15 a.m. Sunday.
- Sacrament of Reconciliation/Confession: 4:30 to 5:30 p.m. Wednesday or upon appointment.

- Infant Baptism Prep Class: Two classes. Registration required. 6 to 7 p.m., quarterly.
- Youth Choir: 1 p.m. Sunday.
- Children's Choir: 2 p.m. Sunday.
- Adult Choir: 4 p.m. Sunday.
- Women's Bible Study: 10 a.m. (at First Street Chapel).
- Catholic Women of the Chapel: 6 p.m. first Monday of every month, Annex.
- Rite of Christian Initiation of Adults: 6 to 7:30 p.m. Wednesday, Annex.
- RE Classes: 10:15 to 11:30 a.m. Sunday, RE Wing.

First Street Chapel

- Mom's Group: 9 to 11:30 a.m. Thursday and Friday.

DGMC Chapel

- Roman Catholic Mass: Noon to 12:35 p.m. Monday through Thursday, except for federal holidays.

The Church of Jesus Christ of Latter-day Saints

- Sacrament Services: 9 and noon Sunday at Church of Jesus Christ of Latter-day Saints Fairfield Stake Center, 2700 Camrose Ave., Fairfield.

DGMC Chapel

- Latter-day Saints Service: 4 to 4:30 p.m. Sunday at DGMC Medical Center Chapel.
- For all other inquiries, call LDS Military relations representatives at 707-535-6979.

Protestant

First Street Chapel

- Protestant Community Service: 9:30 to 10:30 a.m. Sunday.
- Gospel Worship Service: 11:30 a.m. to 12:30 p.m. Sunday.
- Children's Ministry is provided for 6-month-olds through fifth grade.
- Protestant Men of the Chapel: 8 to 9 a.m., first Saturday of every month.

Twin Peaks Chapel

- Protestant Women of the Chapel: 9:30 to 11 a.m. Tuesday.

DGMC Chapel

- Protestant Traditional Service: 10 to 11 a.m. Sunday.

In the next week...

fri

Annual award ceremony. 2018 Travis annual award ceremony takes place Feb. 22 at the Delta Breeze Club. This year's theme is a "Night in the City."

Military members can wear the mess-dress or semi-formal uniform and civilians should wear formal attire. Tickets cost \$10 for E-1 to E-4, \$20 for E-5 to E-6 and \$35 for E-7 to E-9, all officers and civilians. To purchase tickets, contact Master Sgt. Brandy Jones at 707-424-5875 or Master Sgt. Robert Sigmon at 707-816-3132.

Airmen's Ministry Center

- The Peak is open from 5:30 p.m. to 9 p.m. Monday through Friday at Bldg. 1348. Home-cooked meal from 6:30 p.m. to 7:30 p.m. Tuesdays followed by Bible study.



For more information about chapel programs, call Twin Peaks Chapel at 707-424-3217.

Recurring

Air Force Office of Special Investigations.

To report a crime, get a foreign travel brief or request information on joining AFOSI, report to Bldg. 380B, second floor. Send correspondence to AFOSI Detachment 303, 510 Airlift CR, Travis AFB, 94535. For more information, call 707-424-3115 or DSN: 837-3115.

Air Force Recruiting Office. Now open at the Solano Town Center mall. Learn more about what the Air Force has to offer, such as up to 100-percent tuition assistance, 30 days paid vacation per year, free medical and dental care, tax-free housing and food allowance and much more. Contact Tech. Sgt. George Yardley at 707-889-3088 or stop by the office located at 1350 Travis Blvd., Suite P2, Fairfield, in the Solano mall.

Air Force Sergeants Association "Walter E. Scott" Chapter 1320. General membership meetings are at 8 a.m. the second Friday of every month at Wingman's in the Delta Breeze Club and includes a free meal. For more information, contact Master Sgt. Reynoldo Rios or Master Sgt. Rosel Agapay.

Airmen's Attic. The Airmen's Attic is open from 10 a.m. to 2 p.m. Tuesday and Thursday and 4 to 6 p.m. Wednesday, 560 Hickam Ave. For more information, call 707-424-8740 or visit the Facebook page "The Attic at Travis AFB."

Alzheimer's Caregiver Support Group. Meetings take place from 1 to 2:30 p.m. the third Thursday of the month in the diabetic education

classroom on the first floor in Internal Medicine at David Grant USAF Medical Center. For more information, call 707-423-7227.

Base emergency numbers. Mobile phone users must dial 707-424-4911 if they have an emergency on base. Those using government or home phones can call 911. For more information, call the Travis Air Force Base Fire Prevention Office at 707-424-3683.

Base illicit discharge number. To report sewage/water leaks or illegal dumping, call 707-424-2575. For hazardous chemical/material spills, call the base emergency numbers.

Civilian Health Promotion Services. Will perform free wellness screenings from 7:30 to 9:30 a.m. every Monday for all DoD federal civilians. Screenings include cholesterol, glucose, blood pressure and body composition analysis. For more information, visit www.AFMWellness.com or contact CHPS at 707-424-CHPS or CHPSTravis@fhh.hhs.gov.

Crisis text line. Free, confidential, 24/7 counseling for teens and young adults. Text 741-741 anywhere in the United States and a live, trained crisis counselor responds quickly.

Employee-Vehicle Certification and Reporting System. Civilian and military personnel must maintain emissions information with the Web-based ECARS system. For more information, call Xuyen Lieu at 707-424-5103.

Exceptional Family Member Program Sensory Play Group. This group meets from 2 to 4 p.m. the second and fourth Wednesdays at the Balfour Beatty Community Center. For more information, call 707-424-4342 or visit the Facebook page "EFMP Travis AFB."

Family Advocacy Parent/Child play groups. Toddlers to the Max play group for children ages 1 to 3 meets from 9:30 to 11 a.m. Wednesdays at the First Street Chapel Annex. The Rattles to Raspberries play group for infants 8 weeks to 1 year meets 9:30 to 11 a.m. Thursdays at the First Street Chapel Annex. For more information, call 707-423-5168.

Family and Friends Combat Stress Peer Support Group. Meets from noon to 1 p.m. the first Tuesday of every month at the Balfour Beatty Community Center and from 1 to 2 p.m. the third Thursday of each month at The Peak. For more information, contact Amber Quirare and Jessica Soto at 501-231-7756 or email travspocombatpsts@gmail.com.

Government no-fee passports. All submissions of applications for government no-fee passports must now include: 1) A photocopy of Military Identification Card front and back; 2) Passport photo taken in the past six months; 3) Supporting document(s), proof of U.S. citizenship certified copy with state or county seal, if it involved a name change submit a court order or marriage certificate. Passport application cannot be handwritten and printed back to back and must be completed online with 2D barcode at website <https://pptsform.state.gov> and/or <https://travel.state.gov>. For more information, call 707-424-5324.

Hometown News Releases. To submit a Hometown News Release, visit <https://hns.release.dma.mil/public> and fill out the information.

Mare Island Museum. Open 10 a.m. to 2 p.m. Monday through Friday and 10 a.m. to 4 p.m. Saturdays. 1100 Railroad Ave. in Vallejo. For more information, call 707-557-4646.

M-50 Gas Mask Fit Testing. Takes place from 9 a.m. to 3 p.m. every Wednesday at Bldg. 791. All deployers are fit as necessary. For more information, call 707-424-2689.

Mitchell Memorial Library. Open 9 a.m. to 7 p.m. Monday through Thursday, 9 a.m. to 5 p.m. Friday, 10 a.m. to 5 p.m. Saturday and closed Sunday.

Montezuma Shrine Club. Meets every third Thursday of the month at the Masonic Center, 412 Travis Blvd., Fairfield. For more information, call Mike Michaelis at 707-427-2573 or Cal Gitsham at 707-425-0060.

MPF self-renewal program. Did you know that dependents can now renew their ID cards online? To participate in this program, visit <http://bit.ly/2mR1g2>. This program is limited only for renewing dependents' IDs. For all other services, visit MPF during duty hours or call 707-424-8483.

On-base child care. The Air Force requires on-base residents to be licensed by the 60th Mission Support Group if they provide more than 10 hours of care per week in their homes. For more information, call 707-424-8104 or 707-424-4596 or stop by Bldg. 380B.

Photocopying of military identification. The prohibition of photocopying of U.S. government identification Common Access Card announced by the Office of the Assistant Secretary of Defense, dated Oct. 27, 2011, does not apply to medical establishments, applying for government-issued, no-fee passport and other U.S. government agencies in the performance of official government business. This requirement does not apply to minors ages 16 or younger. However, it applies to sponsors. For more information, call 707-424-5324.

Professional Loadmaster Association. The Professional Loadmaster Association meets at 7 p.m. the first Tuesday of each month at the Delta Breeze Club. For more information, call Mark Raymond at 707-416-5331.

Retiree Activities Office. Openings for volunteers. Customers are retired American service members and their family members. It is the RAO's responsibility to maintain open communication and to ensure retirees receive the service and the respect they deserve. If you would like to apply for a volunteer slot and have three hours or more to give, call 707-424-3905.

Solano/Napa Habitat for Humanity. This organization welcomes volunteers and supporters from all backgrounds. There are recurring events Tuesday through Saturday. For more information, email Staff Sgt. Mathew Clayton at mathew.clayton@us.af.mil.

information, call 707-557-4646.

information, call 707-424-2689.

Travis Community Thrift Shop. 10 a.m. to 2 p.m. Tuesday and Thursday. Ongoing need for volunteers to organize, sort and price donations. For more information, contact the Thrift Shop at 707-437-2370.

Travis Composite Squadron 22 Civil Air Patrol. Open to youth from 12 to 18, as well as adults ages 18 or older who train and serve as the volunteer component of the total force. UTA is 6:30 to 9 p.m. Monday, Bldg. 241-B-2. Open to all students with a 2.0 or higher grade-point average. For more information, contact CAP 1st Lt. Jo Nash at 707-424-3996 or recruiting@squadron22-cap.us, visit during a UTA or check out <http://squadron22-cap.us>.

Travis Air Force Base Heritage Center. Open 10 a.m. to 5 p.m. Tuesday through Saturday, Building 80, 461 Burgan Blvd., Travis Air Force Base. Escorts required for general public, call center to arrange. Free. 424-5598, www.travisheritagecenter.org.

Travis Legal Office. Power of attorney and notaries are walk-ins 9 a.m. to 2 p.m. Monday, Tuesday, Wednesday and Friday, 9 a.m. to 1 p.m. Thursday. Legal assistance for active duty members and dependents are walk-ins from 2 to 3 p.m. Tuesday. For all wills and retiree legal assistance, call 707-424-3251 to make an appointment.

Tuskegee Airman Lee A. Archer Chapter. Meets at 3 p.m. the third Saturday of the month at the Airman and Family Readiness Center.

Voluntary Leave Transfer Program. The VLTP allows an employee who has a medical emergency or is affected by a medical emergency of a family member and is without availability of paid leave to receive transferred annual leave directly from other employees. For more information, call 707-424-1720.

What's Cookin' Wednesday. Free lunch at the Travis AFB USO Bldg. 1348. Served from 11 a.m. to 1 p.m. every Wednesday. For active duty, Guard, reservist and their families.

Local events

Events

Mardi Gras. 3 p.m. Feb. 23, Vacaville Library — Town Square, 1 Town Square Place. Free. www.solanolibrary.com.

"Sounds of Suspense." Radio broadcast, noon fourth Friday of each month, Vacaville Public Library-Town Square, 1 Town Square



Here are the showtimes for this weekend's movies at the Base Theater:

Today

- 6:30 p.m. "Spider-Man: Into the Spider-Verse" (PG)
- 9 p.m. "Aquaman" (PG-13)

Saturday

- 6:30 p.m. "Glass" (PG-13)
- 9:30 p.m. "On the Basis of Sex" (PG-13)

Sunday

- 2 p.m. "The Kid Who Would Be King" (PG)

Place. Free. www.solanolibrary.com.

USO Dinner Show Fundraiser. Jazz, 6 p.m. March 8-9, Willis Jepson Middle School, 580 Elder St, Vacaville. [facebook.com/JepsonMusic Boosters](https://www.facebook.com/JepsonMusicBoosters).

Vaca-Con. 10 a.m. to 4 p.m. March 16, Ulatis Community Center, 1000 Ulatis Drive, Vacaville. 469-6680.

Vallejo Art Walk. 5 to 10 p.m. second Friday of each month, downtown Vallejo. Free admission. www.vallejoartwalk.com.

Vallejo Farmers Market. 9 a.m. to 2 p.m. Saturdays, year-round, Georgia and Marin streets. www.pcfma.com.

Military Saves Week ready



U.S. Air Force photo/Heide Couch

Col. Jeffrey Nelson, 60th Air Mobility Wing commander, signs a proclamation Feb. 21 Travis Air Force Base, Calif., to designate Feb. 25 through March 1 as Military Saves Week at the Airman and Family Readiness Center. The Military Saves Week program encourages Airmen to save for the future and to reduce debt. The event is a team effort between the A&FRC, Travis Credit Union and Armed Forces Bank.

Dentistry with a Gentle Touch . . .
Sunni G. Yoon, D.D.S.
Implant and Cosmetic Dentistry

Dr. Yoon is experienced in all aspects of implant and cosmetic dentistry. She and her staff provide a wide range of services including preventative care, cosmetic dentistry, bonding, endodontics, oral surgery, implantology, and crowns which can be fabricated by computer and completed in one visit. Dr. Yoon offers oral conscious sedation dentistry for your relaxation and comfort. We can help you to have a beautiful smile using Lumineers - smile makeover design without removing any sensitive tooth structure. No anesthetics. No discomfort.

1245 Travis Blvd., Suite C/D, Fairfield
(707) 422-7003

*Convenient office hours are available by appointment.
 We always welcome new patients.*

Areas of Expertise: Preventative care, cosmetic dentistry, bonding, Lumineers, endodontics, oral surgery, mini-implants, implantology and conscious sedation.

Dental School: Columbia University School of Dental & Oral Surgery D.D.S., John F. Kennedy Medical Center (Residency), University of Southern California.

Affiliations: California Dental Association, American Dental Association, Napa/Solano Dental Society, Member of DOCS (Doctors of Conscious Sedation), Academy of General Dentistry, The American Academy of Implant Dentistry, International Congress of Oral Implantologists

www.gentletouchdentistry.biz **syoondds@gmail.com**




SCANDINAVIAN
 DESIGNS
 FURNITURE

VISIT OUR VACAVILLE STORE
 AND ASK ABOUT OUR
**15%
 MILITARY
 DISCOUNT***

*APPLIES TO REGULAR PRICED PURCHASE ONLY.
 TERMS APPLY. VISIT STORE FOR DETAILS.

STORE HOURS
 MONDAY - SATURDAY: 10AM - 6PM
 SUNDAY: 11AM - 6PM

www.scandinaviandesigns.com



266-A Bella Vista Road, Vacaville, CA 95687 | 707.447.4449

Dining

From Page 5

Super-Sonics Sub and the Big City Grill will be equipped for made-to-order service. The O-mori Ramen Bar will be

featured as the “special restaurant” rotation, meaning it will kick off a cycle in which a designated restaurant line will be replaced with a new one after a three-month period. All four stations will have the option to customize the meal to the customer’s liking. The Monarch

will also introduce new “grab and go” meals and healthier choices for customers.

“The Airmen are the muscle of this entire operation,” said Oestreich. “That goes for new Airmen who may be new to Travis or are fresh out of technical school and have never stepped foot in a modern kitchen.”

Airman 1st Class Taylor Bollinger, 60th FSS food service shift worker, is one such Airman.

Arriving at Travis only three months ago, Bollinger, along with several others, has been attending different cooking classes since her arrival.

“My leadership has done all they can to make sure I am prepared to work at the Monarch,” said Bollinger. “I think it will be a great chance to learn more in my career field. I’m excited to see what new opportunities I’ll be able to have



U.S. Air Force photo/Airman 1st Class Christian Conrad

60th Force Support Squadron Airmen pose Feb. 19 in front of Travis Air Force Base’s reopened dining facility, The Monarch. The Monarch not only included some much-needed infrastructure updates, but also updates to the facility’s food options.

at the Monarch.”

The Monarch grand opening was long-anticipated. Staff Sgt. Tai Ngo, 60th FSS shift leader, remembers what it was like at the old Sierra Inn

dining facility.

“I’m excited to be making magic back in our own kitchen again, and showing Travis what services Airmen can really do,” said Ngo.

Bridgeford

From Page 2

now in the past and unable to be changed? Or do we pick ourselves up and set our sights on the future that we can still influence for a better tomorrow?

Failure in life is more of a guarantee than a possibility, and the chances we don’t take

because of fear will cement that failure before we’ve even tried. Focus on the future and don’t be afraid to take chances knowing that failure could be the result.

Why is the risk of failure worth taking chances? You may find, as I have many times, that without the chances and failures, you would have missed out on something great in your career that you wouldn’t have

pursued otherwise. When I was in pilot training I wanted to fly fighters, but the mobility mission has been incredible, and I wouldn’t go back and change it for anything. Columbus Air Force Base in Mississippi was third on my list of choices, but I didn’t want to leave when it was time to move on. Supervising 120 new lieutenants seemed like a menial chore, but turned out to be one of the best leadership opportunities and impactful positions I’ve had. Each of these examples were times when I was frustrated and believed I had failed in some way, but my father would remind me that the doors that close will force me to explore new roads.

Not only did my father provide these encouraging words that have given me resolve in the past, he has been a witness to the truth of these words. His perseverance and determination in the face of failures of one kind or another has been an inspiration to me. Having an example to emulate has reinforced this theme that has resonated throughout my life. Think of people in your life who you have witnessed continue the good fight when all seemed lost. Look to their example and remember, “Don’t worry about failure. Worry about the chances you miss when you don’t even try.”

Padgett

From Page 2

because I simply couldn’t focus on the most basic homework. At home, I was an emotional roller coaster. I was always tired, so getting me to do anything, whether it was chores around the house or something fun, was a challenge. Additionally, I was constantly hungry, did not work out regularly and gained weight. My fitness scores suffered.

I knew something was seriously wrong, but I was still trying to fix it on my own. In 2015, my wife said two words that changed my life forever, “I’m pregnant.” Lack of sleep, not only had the short term effects I’d been having, but it also causes heart disease and can lead to diabetes. In other words, it could kill me. No matter what, I was determined to not leave my wife without a husband or the little girl growing in my wife’s belly without a father.

That realization was all the motivation I needed to schedule an appointment with my doctor. I told him my symptoms and was scheduled for a sleep test. I spent an uncomfortable night in a room that resembled a hotel room with a bundle of sensors connected to my head and body. Technicians watched me as I slept. A couple weeks later, I learned I had OSA, which

is easily treated with a Constant Positive Air Pressure therapy machine.

The machine I was issued was about the size of a personal speaker or small lunchbox, was very quiet, and featured a tiny nose pillow and stretchable headset. After 15 minutes of instruction, I was ready to use the machine at home.

The first night I slept wearing the mask it took about 30 minutes to get comfortable, but as soon as I found my position, I fell asleep. I slept for seven hours straight. When I woke up, I cried. For the first time in nearly a decade, the fog was gone. It was like waking up from an eight-year nightmare. I went to work that day, talked with friends without struggling to remember what we were talking about, worked through the entire day without being tired and came home with energy to spare.

I also started to perform better at work. I was able to react, make smart decisions and communicate much better with my fellow crewmembers. I even found a calling working with a team at the 60th Medical Group called “Expanding the Boundaries.” The group works to test, evaluate and advocate streamlining the equipment and processes we have in place to get Airmen with OSA back into the fight faster and more mobile than ever.

We even submitted a Phoenix Spark innovation for a discrete, worldwide-deployable kit, so Airmen with OSA can deploy to austere locations with equipment and provisions to continue their treatment anywhere in the world, without needing constant access to A/C power. Just this past year, we presented our findings in Germany at the NATO Ramstein Aerospace Medicine Conference.

It took a few weeks for my body to fully recover from the effects of not getting restful sleep for so long, but now I’m happier, I’m working out again and my fitness score has improved by eight points. I’m also now back to flying operations and my blood pressure has gone down to a healthy range again. Most importantly, when I get home now, I have energy to play with my little girl, a very energetic three-year-old.

I want to thank the Expanding the Boundaries team, who were also the professionals who helped me get my life back. I also have to thank my wife, Krishna and our daughter Annabelle, because their lives were the inspiration to take my first step to be where I am today.

If my story in any way sounds like something you may be dealing with, take that critical first step and call your doctor. Do it for your family, your children, your Airmen and do it for yourself.

Cheers

9:30 - 1:30 Every Evening

Sunday thru Wednesday
Karaoke with Matty

Friday
Clusterphunk

Saturday
Steve Franklin Band

321 MERCHANT ST. • VACAVILLE • 451-4049

Tickets at www.theatredeville.com

DEVILLE

Vacaville

Enjoy your Evening at the DeVille | Military Discount: \$3 with ID

Open Lounge
Happy Hour
4:00 - 6:00 pm

Piano Bar
Entertainment
5:30 - 8:00 pm

Small Plates
and Dinner
Menu by Chef
Roline

FRI 2/22
6:00 pm
\$20 at the door
\$15 Advance

SAT 2/23
6:00 pm
\$20 at the door
\$15 Advance

The Aaron Johnson Band

VA Star & The Blues Project

Reserve a table: \$30 at the door, \$25 in advance

308 Main St. Vacaville | Subscribe at www.theatredeville.com

Benicia Grill II

KARAOKE NOW WED, THURS, FRI & SAT NIGHT!

Monday - Friday
ANY ITEM on Special Menu \$9.99 • 3-5pm

Wednesday thru Saturday
KARAOKE 6pm - Close No Cover Charge

Happy Hour 5-6pm

Buy One Breakfast or Lunch Get One FREE

With the purchase of 2 drinks.

Up to \$8.99 value. One coupon per table. Not good with any other offers or on Senior menu items. Must present coupon. Offer expires 2/28/19.

Dinner Special Buy One Get One 50% Off

With the purchase of 2 drinks.

50% Off entree of equal or lesser value. Not good with any other offers or on Senior menu items. Must present coupon. Offer expires 2/28/19.

Banquet Room available for any event.

No room charge. Call for reservation.

Mon & Tue 6am-3pm • Wed & Thurs 6am-9pm
Fri & Sat 6am-10pm • Sun 6am-8pm
(707) 428-0555 • 2390 North Texas Street, Fairfield

Sales Manager | 31 Mortgage Advisor
Purchase • Refinance • FHA
VA • Conventional

Ramon Santos

rsantos@opesadvisors.com
NMLS 237057

Together, possibilities are endless!
707.427.1400

OPES ADVISORS

Let My Experience, Make Your Home Buying or Selling Experience, Your Best Experience!

Century 21
M&M and Associates

Cellular (707) 718-1989
nprice@c21mm.com
301 Dickson Hill Road, Fairfield, CA 94533

Each Office is Independently Owned and Operated

Nancy Price-Branson
REALTOR®
Cal BRE #01426977
CDPE, SFR, ABR, MRP, SRES

PAZDEL CHIROPRACTIC, INC.

Tennis Elbow?

258 Sunset Ave., Ste. 1, Suisun City
429-4861

www.PazdelChiropractic.com Se Habla Español

Solano County's Largest Full Service Truck Shop

NBTC

North Bay Truck Center

We service all makes and models of RV motorhome, 5th Wheel and Trailer Chassis, brakes, lights, engine, HVAC, transmission, steering, axles, bearings, suspension, tires etc. We also repair and service all trucks from a pick up truck to a Class 8 Big Rig.

Our team of Technician's have over 150 years combined repair and diagnostic experience. We treat your vehicle like it is ours. There is no job too big or small, we invite them all.

Give us a call to schedule an appointment or just stop by we always have coffee brewed and popcorn popped. We look forward to meeting you and providing you with excellent customer service.

(707) 427-1386

Mon.-Fri., 7:30AM-5:30PM
Sat., 7:30AM-4:00PM
1245 Illinois St., Fairfield, CA

Present This Ad for 10% Discount off any Repair or Service!

Family Eye Doctors near Travis AFB

ATTENTION: ALL MILITARY SPOUSES & DEPENDENTS AND ALL RETIREES, SPOUSES & DEPENDENTS WHY WAIT WEEKS FOR AN EYE EXAM?

We Accept
TRICARE / TRICARE For Life

Who can be seen at our Eye Clinic?
-All Military Spouses and their Dependents with Tricare Prime, All Retirees with Tricare Prime, All Retirees and their Spouses with Tricare for Life / Medicare, and All members needing Contact Lenses Prescriptions

Dr. Larry Huey • Dr. Don Hsiao
Optometrists

Travis Family Optometry
301 Dickson Hill Road Ste. B
Fairfield, CA 94533
(707) 437-9600

Located 1 mile north of Air Base Parkway, in the Raley's Plaza on the corner of N. Texas St. & Dickson Hill Rd.

Awards

From Page 3

1,500 mission essential flights.

Having leadership who supports their Airmen makes the mission more personal, said Moore.

"This job is personal to me because my team relies on me to be invested in what we do," said Tech. Sgt. Jacob Haines, 60th MXG C-5M craftsman. "Airmen need me to be a leader and a mentor. My supervisor and leadership need me to be a leader and ensure our people are getting the job done right."

For Lt. Col. Gary Charland, Jr., 60th Aircraft Maintenance Squadron commander who received the Lt. Gen. Leo Marquez Award, it comes down to teamwork.

"We're a group of

multi-talented, extremely skilled professionals who can accomplish anything that is set before us," said Charland. "We are America's 'A-Team.'"

"A-Team: Attitude, teamwork, excellence, aptitude and mission accomplishment," he said.

Team Travis is as mission essential as it is because we're just that, a team, said Charland.

"One of our biggest strengths in the shop is to have active duty, civilians and reservists working together," said William O'Sullivan, 60th Maintenance Squadron Nondestructive Inspection Shop supervisor also awarded the Lieutenant General Leo Marquez civilian award. "All three different entities may wear different hats, but our recipe to success is centered our focus on supporting all three jets."

"Part of being on a team

is supporting each other," O'Sullivan said. "We know that one person being recognized is a reflection of the team's success and its ability to get the job done."

Travis Airmen are working hard and won't stop working hard until the mission is done, said Charland.

"Our command can depend on Travis to get the mission done," said Hammerschmidt. "That dependability is the result of a constant focus on quality."

Team Travis does not serve for awards, however, when the team is recognized, Airmen can feel appreciated, he said.

"It is an honor to be recognized at the major command level above so many other aircraft maintenance squadrons," said Haines. "All maintainers work hard, but this year, we took home the prize."

FREE CONSULTATION! WE CAN HELP! CALL TODAY! (707) 392-2500

• Major Insurance, MediCal, Medicare, Covered CA and Care Credit Accepted
• Se Habla Español

OUR OFFICES:
3260 Beard Road, Suite 5, Napa, CA 94558
1460 N Camino Alto, Suite 101, Vallejo, CA 94589
1261 Travis Blvd., Suite 150, Fairfield, CA 94533
1360 Burton Drive, Suite 160, Vacaville, CA 95687
2469 Rio Linda Blvd, Suite A, Sacramento, CA 95815

www.TreatYourLegs.com

Workshop

From Page 6

Comptroller Service portal undergoing testing in March at Joint Base San Antonio and Maxwell AFB, Ala. The portal offers a transparent one-stop shop for customers to receive on-line the financial services assistance they typically receive in person at the installation. Through the portal, installation Comptrollers will have important visibility to organize and manage workload.

"We tested this approach at Edwards (Air Force Base, Calif.)," said Lt. Col. Mike McPherson, Director of Quality Assurance for Air Force

Financial Operations. "After we launched it, there were zero lost documents, and the portal made a huge impact on visibility to the customer and to the comptroller squadrons themselves."

While an active duty Air Force chief master sergeant, Nyle Smith served as the Air Force champion to improve services to finance customers, and he toured installations across the Air Force to see what was being done.

"We put a team together and looked at objectives to improve services to our customers," said Smith, who retired from active duty in 2018 and is the program manager for Idea Entity, the company that developed

the portal. "A modern customer service tool focused on standardization and transparency is one of our six objectives."

With tremendous support from Air Force Financial Management leadership, the portal will initially exist through Air Force network and SharePoint platforms, McPherson said. The eventual goal is to present the portal through a cloud environment so that customers can access from anywhere and on mobile devices.

Meanwhile, AFIMSC officials unveiled a new SharePoint tool to help AFIMSC Resource Management officials to track requests and responses from AFIMSC to installations and MAJCOMs.

"IT solutions have been on our mind for a long time," Alcalá said. "We received funding to create a tool to make our lives much easier when it comes to the finance-related taskers we send from AFIMSC to installations and MAJCOMs."

The tool automates taskers – called 'due-outs' – and eliminates tracking personal and organizational box email accounts for tasker updates and responses. When AFIMSC sends a due out, officials can set up automatic reminders, eliminating man hours spend monitoring email accounts for responses.

"This will definitely be a major efficiency for RM and potentially a system that can be used across the entire AFIMSC enterprise," Alcalá said.

*Offer valid for first-time guests only. All session times include up to a total of 10 minutes for consultation and/or dressing, which occurs both pre and post service. Prices subject to change. Rates and services may vary by franchised location and session. Additional local taxes and fees may apply. Not all Massage Envy locations offer all services. For a specific list of services available or additional information about joining as a member, check with the specific location or see MassageEnvy.com. Each location is independently owned and operated. ©2018 Massage Envy Franchising, LLC.

Follow Travis at facebook.com/TravisAirForceBase

HOME • BUSINESS • SERVICES DIRECTORY

A100 A/C & HEATING

FAIRFIELD HEATING & AIR CONDITIONING

REPAIR & INSTALLATION
RESIDENTIAL & COMMERCIAL
20 YEARS IN BUSINESS

SAVE ON REPAIRS!
Solano Co. Residents 10% OFF Repairs
Military 15% OFF Repairs
Seniors 20% OFF Repairs

Proudly Serving Solano County Since 1998, Expires 2/28/19.

707.422.9200 St. Lic. 748563

BEST PRICES IN SOLANO COUNTY!
Non-commission Service Technicians
FINANCING AVAILABLE O.A.C.

FREE SERVICE CALL
WITH REPAIR, Expires 2/28/19.

B129 BATH REMODELING

Kitchen & Bath Experts

Tile & Cultured Marble,
Dry Rot & Leak Repair,
Remodels, Additions,
Whole House Rehabs

Design to Finish, One Call Does It All!

707-425-4382

www.alltradesimprovement.com
Lic #546681

C110 CARPENTRY

Quality Carpentry

• Doors • Just Like the Name
• Install & Repair We do Quality Work!
• Int. & Ext. Moldings & Trim Call Today
• Cabinets Installed (707) 688-7072
• Closet Shelving 30% off Ask for Wally
• Window Replacement Lic#63481
• Decking & More
Credit Cards Accepted

C190 CONCRETE WORK

Pennella Concrete

Driveways, Patios, Walks
Colored & Stamped

FREE Estimates

(707) 422-2296
Cell 326-7429
Lic. #605568

C190 CONCRETE WORK

M.C. MANZO CUSTOM CONCRETE

• PATIOS • DRIVEWAYS,
• SIDEWALKS • GARAGE SLABS
• COLORED • STAMPED
• REMOVE & REPLACE
• BROOM FINISH Lic#859823

FREE ESTIMATES!
707-689-7980

Get News Anytime!
www.dailyrepublic.com

C190 CONCRETE WORK

Dennis & Son Concrete

DRIVEWAYS - PATIOS - FOUNDATION
PAVERS - COLORED & STAMPED

St. Lic# 476689 A+BBB Insured

800-201-2183

We'll beat any licensed contractors bid

D130 DRYWALL

OWNER JAKE POWELL

DRYWALL PATCHES
IN A DAY!

JKS PAINTING
CUSTOM • RESIDENTIAL • COMMERCIAL
LIC# 00872712 • OVER 25 YEARS EXP. • INSURED • BONDED

707-421-1929
jkspainting@att.net

G100 GARAGE DOORS

Quality is not Expensive. It's Priced!

• GARAGE DOORS • OPENERS
• REPAIRS • INSTALLATIONS

JC GARAGE DOOR CENTER

FREE ESTIMATES • Over 25 Years Of Experience
• *Se Habla Español*
Emergency 24 Hour Service Available
Visit Our Showroom
405 D Railroad Ave., Suisun City
Contractor License #937158
Ph: 707.732.6764
Of: 707.718.6936
www.jcgaragedoorcenter.com

G132 GENERAL SERVICES

C&G CARPET CLEANING & JANITORIAL SERVICE

SPECIAL 3 ROOMS for \$99⁹⁵
5 ROOMS for \$159⁹⁵

Specials can end at any time. Rooms measuring 12'x12'.
Heavily soiled areas will be extra.

Lic • Ins • Bonded **707-631-8877**
CARPET SPOTTING • PET ODOR REMOVAL • CARPET PROTECTOR
MOVE-IN/MOVE-OUT CLEANING
HOME • APARTMENT • CONDOS

G140 GUTTERS

PROFESSIONAL GUTTER CLEANING & Quality Leaf Guards

(707) 803-2395

Home Improvement TIME?

Let Service Source help you find the Perfect Professional to meet all your home needs.

H110 HANDYMAN

A PROFESSIONAL HANDYMAN SERVICES

Painting & Drywall
Kitchen, Bath, Decks, Tile

No state license

707-315-3142

H110 HANDYMAN

A GUY HOME REPAIR & PRESSURE WASHING

Move-ins, Move-outs,
Interior, Exterior

"I'm the handyman that will do the small jobs others won't!"
Over 35 Years Experience!

up to 4000 PSI
Commercial • Residential
• Building Structures • Awnings
• Driveways • Sidewalks
• Patios • Decks & Solar

Serving Maps & New to Fairfield
Senior Discounts FREE Estimates
707-294-2533
Bus. Lic. 18000848 Insured

H120 HAULING

When You Want It Gone...
... call John

JOHN'S HAULING

(707) 422-4285

FREE Estimate • Same Day Svc
Insured License #04000359
Credit Cards Accepted
www.422haul.com

H120 HAULING

MITCHELL'S

HAULING, CLEANING, ORGANIZING,
PACKING & DOWNSIZING

KATHY MITCHELL
Owner

**FREE ESTIMATES
SAME DAY SERVICE**

LICENSE #22444 • INSURED

CELL (707) 386-1312

H123 HOME IMPROVEMENT

A SMALL FIX FOR A SMALL PRICE!

Elec • Plumb • Tile
Bob - 290-6381
St. Lic. 964267

H160 HOUSE CLEANING

A & A Professional Cleaning Services

Carpet & Upholstery,
Kitchen & Baths, Windows, Etc.

Lic'd & Insured
707-386-3004

L105 LANDSCAPING

YARD SERVICES

Free Estimates
City Lic. #90000360

(707) 425-7284

L105 LANDSCAPING

Gastelum Tree Service & Landscaping

Licensed and Insured
707-718-0645 / 678-2579

L105 LANDSCAPING

FOUR BROTHERS

Yard Service • Clean Up
Hauling • Trees • Fencing
Maintenance

707-426-4819

L105 LANDSCAPING

T & T TREE & LANDSCAPING SERVICE

20 Years Experience
Complete Professional Tree Service
Tree & Stump Removal Any Size
Trimming • Pruning • Shaping
Landscaping • Sod Installation
Irrigation Systems & Sprinkler Repair

Insured & Free Estimates
707-426-1251 • 707-290-2679

L105 LANDSCAPING

Frank's Landscaping

• New Lawn • Irrigation
• Fences • Retaining/Walls
• Tree Cut / Clean Up
• Concrete (Reg & Stamp)
• Pavers • Hard Scapes
• Japanese Garden Maintenance
• Drainage
• Home Remodeling

Complete Landscaping Since 1984

Exp'd & Reliable
CA St. Lic. #620746
707-738-0214

Picture it SOLD

To place your ad,
call **707-427-6936**.

Tailwind CLASSIFIEDS
In Print & Online

www.dailyrepublic.com

0501 HELP WANTED

EXPERIENCED SERVERS
Pietro's #1

P/T 4 hr. shifts, avg. 2 Bike Motorcycle Trailer. With tie down kit. Clean title. Excellent cond., used 1 time. \$1,200. obo 707-425-7545

0824 FORD

2015 Fiesta SE A/T all pwr., 4 cyl., great mpg, 69k mi. great 1st kids car. \$7,900 obo DLR #42203. (707)280-6816 Quinterosautosales.com

0827 HONDA

2016 Civic LX all pwr., still in dealership warr. 26k mi., clean, A/T, \$16,900 obo DLR #42203. (707)280-6816 Quinterosautosales.com

YOU'RE ONLY AN AD AWAY FROM A CLEAN GARAGE.

Get an ad. Get rid of your stuff. Get some money!

TAILWIND CLASSIFIEDS (707) 427-6936

0501 HELP WANTED

EXPERIENCED SERVERS
Pietro's #1

P/T 4 hr. shifts, avg. 2 Bike Motorcycle Trailer. With tie down kit. Clean title. Excellent cond., used 1 time. \$1,200. obo 707-425-7545

0824 FORD

2015 Fiesta SE A/T all pwr., 4 cyl., great mpg, 69k mi. great 1st kids car. \$7,900 obo DLR #42203. (707)280-6816 Quinterosautosales.com

0827 HONDA

2016 Civic LX all pwr., still in dealership warr. 26k mi., clean, A/T, \$16,900 obo DLR #42203. (707)280-6816 Quinterosautosales.com

YOU'RE ONLY AN AD AWAY FROM A CLEAN GARAGE.

Get an ad. Get rid of your stuff. Get some money!

TAILWIND CLASSIFIEDS (707) 427-6936

0711 MOTORCYCLES PARTS ACCESS.

2006 Zeman 2 Bike Motorcycle Trailer. With tie down kit. Clean title. Excellent cond., used 1 time. \$1,200. obo 707-425-7545

0824 FORD

2015 Fiesta SE A/T all pwr., 4 cyl., great mpg, 69k mi. great 1st kids car. \$7,900 obo DLR #42203. (707)280-6816 Quinterosautosales.com

0827 HONDA

2016 Civic LX all pwr., still in dealership warr. 26k mi., clean, A/T, \$16,900 obo DLR #42203. (707)280-6816 Quinterosautosales.com

0828 HYUNDAI

2014 Veloster Turbo 3 dr. coupe. 6 spd. manual. Lthr., mnrfl., low 32k mi. \$14,900 obo. DLR #42203. (707)280-6816 Quinterosautosales.com

0840 MITSUBISHI

2017 Lancer LE Sport A/T Super Clean 13k mi., still dealer warranty. \$13,900 obo DLR # 4 2 2 0 3 . (707)280-6816 Quinterosautosales.com

0841 NISSAN

2005 Pathfinder LE 2WD, A/T, all pwr., lthr., 3 seat, mnrfl., VG, clean, \$4,900 obo DLR #42203. (707)280-6816 Quinterosautosales.com

0848 SCION

2012 TC Coupe A/T, XL mnrfl. Super Clean. 74k mi., runs great! \$9,900 obo. DLR #42203. (707)280-6816 Quinterosautosales.com

0851 TOYOTA

LOOK ME UP

10' Corolla 1.8L, 184k highway mi., clean, new fluids, runs great, good gas mi., \$5000 OBO. Call (707) 599-3982 after 3pm weekdays or anytime on weekends.

0852 VOLKSWAGEN

2007 RAV4 Limited AWD. All pwr., lthr., clean, 182k mi., mnrfl., \$7,900 obo. DLR #42203. (707)280-6816 Quinterosautosales.com

0851 TOYOTA

2012 Camry SE Sports. All pwr., lthr., clean, low 126k mi., 4 cyl., A/T, \$8,900 obo DLR # 4 2 2 0 3 . (707)280-6816 Quinterosautosales.com

0852 VOLKSWAGEN

2016 Corolla S + All pwr., lthr., clean, low 31k mi., A/T, \$14,900 obo DLR #42203. (707)280-6816 Quinterosautosales.com

0852 VOLKSWAGEN

2007 Rabbit PZEV 4 dr. 2.5L, A/T, mnrfl. Clean. 91K mi., \$5,900 obo. DLR #42203. (707)280-6816 Quinterosautosales.com

L140 LOCKSMITH

FAIRFIELD SAFE & LOCK CO.
Serving Fairfield, Suisun, Travis & Yacoubiev Since 1953. BONDED LOCKSMITH

KEYS • LOCKS • SAFES

Changed, opened, repaired & installed.

Deadbolt & foreign car specialist
24 Hr. Emergency Service
811 Missouri St. • 426-3000

P100 PAINTING

#1 ANDY SUNRISE

Int./Ext. Acoustic Removed & Texture

SUNRISE PAINTING
707-425-7542 PHONE
707-290-8179 CELL
707-425-1381 FAX
INSURED CA LIC #97969

P100 PAINTING

EXCELLENT PAINTING

Residential • Commercial
Professional & Custom Painting
Special Finishes

www.paintingexcellents.com
feanature@aol.com

707.426.3411
or **707.580.4656**
Cont. Lic. #461330

P100 PAINTING

Ramirez PAINTING

Interior/Exterior
Commercial/Residential
FREE ESTIMATES
Quality Work Guaranteed
707-450-8360 St. Lic. #998882

P100 PAINTING

BELLA PAINTING

Superior Quality & Craftsmanship

(707) 631-6601
Lic # 478919

R130 ROOFING

REGIONAL ROOFING CO.

RESIDENTIAL RE-ROOFING

• Free Estimate
• Senior Discount
Lic. #570655

707-422-7948

R130 ROOFING

CAL ROOFING SYSTEMS INC.

"Locals Serving Locals"
For Over 30 Years
FREE ESTIMATES
(707) 447-3132
CalRoofingSystems.com
CA LIC #560708

T100 TAX SERVICE

ABLE SERVICES

INCOME TAX PREPARATION
JACK J. MILLER, RTRP, CRTP
REGISTERED FEDERAL AND CALIFORNIA
EFILE AT NO EXTRA COST
(707) 427-3727
MILITARY AND SMALL BUSINESS
INCOME TAX SPECIALIST
CTEC: A007556
PTIN: PO1205533 JJMFC@YAHOO.COM

T120 TILE

LETTUS TILE

Specializing in Kitchen & Bathroom Remodels
Start to Finish
Tile and Hardwood Floors
"Quality On Time"
707-430-3703
Free Estimates • St. Lic. #979990

T120 TILE

J&S TILEWORKS

30 Years Experience
(707) 365-2244

Indoor Tile ■ Outdoor Tile
Tile Repairs ■ Swimming Pools
Patios ■ BBQs ■ Flooring

FREE ESTIMATES
Referrals upon request. Lic. and Bonded #840890

W120 WELDING

RAMIREZ IRON WORKS

Custom Metal Fabrication & Repairs
Electric Gates
Security Doors
Window Guards
Fencing
Custom Iron Design

Over 20 Years Experience
FREE ESTIMATES

Max Ramirez (707) 386-8557
Jose Ramirez (707) 363-4923 *Español*
maxramirez.welds@gmail.com

Service Source



Military Saves Week

25 February to 1 March

Free Financial Education Lunch & Learn Classes - Food & Drinks

Sign-up online at travisafc.com

Airman & Family Readiness Center & TCU Base Branch

Monday, 25 Feb 1200-1300 Organizing Financial Records

Tuesday, 26 Feb 1200-1300 First Time Home Buyers

Wednesday, 27 Feb 1200 - 1300 Retirement Planning with Thrift Saving Plan

Thursday, 28 Feb 1200-1300 Solving the Mystery of Credit Reports

BONUS: GET A FREE CREDIT REPORT

Friday, 1 March 0900-1100 Travis Credit Union Youth Day at



TCU Branch on Travis AFB
Financial Story Time and Photos with T-BIRD!
***Prize Drawing: Apple Watch® and gift cards**

*Winners do not have to be present to win. See traviscu.org for official rules.

Additional classes will be offered by TAFB Airmen & Family Readiness Center please call 424-2486 for more information or A&FRC website.

Set a Goal. Make a Plan.
Save Automatically.

Pledge to save with @MilitarySaves! Receive goal-based savings tips and advice at militarysaves.org

Financial Freedom Classes at Base A&FRC

Attend TCU's Financial Education classes at the TAFB Airmen & Family Readiness Center *or* stop-by our base branch and enter to win an Apple Watch® and gift cards.

1 March – Youth Day

Travis Credit Union is hosting a free financial education story time with the children from the Base Child Development Center, where they'll receive:

- Small TCU gift bags with smash piggy banks
- Youth Accounts brochure
- Box of crayons
- Financial education coloring books



traviscu.org (707) 449-4000 or (800) 877-8328

Trademarks are registered by their respective owners.

TCU-1088

Dental squadron gives children tips on ...

BRUSHING



Airmen from the 60th Dental Squadron visited Scandia Elementary School at Travis AFB and Mary Bird Elementary School in Fairfield, Calif., to describe and demonstrate tooth care Feb. 20.

U.S. Air Force photos by Airman 1st Class Jonathon D. A. Carnell



MILITARY DAYS

\$20 BONUS PLAY
– Every Wednesday –
With active or retired Military I.D.

CACHE CREEK
CASINO RESORT
cachecreek.com

Cache Creek Casino Resort is committed to responsible gaming. For help call 800-GAMBLER. Must be 21 to gamble.